



PRACTICAL WAYS TO CREATE MEANING  
**Farmer's Market Gift Ideas**

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***When you buy from your farmer's market, you strengthen your local economy, you get fresh foods, and you support endangered family farms. Breads, cheeses, wines, and flowers make great host/hostess gifts, and meats, fruits, jams, and chocolates are great gifts for almost anyone. Consider buying produce coupled with a recipe, cookbook, and relevant accessories such as pumpkins, cream, a pumpkin brulee recipe and ramekins found at an antique store. Here are a list of possibilities:***

- Jams, Jellies, Preserves
- Baked goods: breads, pies, rolls, crackers, desserts, etc.
- Produce (to be consumed fresh, held as storage crops, or buy in bulk to preserve as a gift, such as strawberry jam or apple butter)
  1. Vegetables
  2. Fruits
  3. Herbs (buy fresh herbs to be dried for use throughout the year)
- Meats
  1. Chickens
  2. Turkeys
  3. Pork (hams, roasts, chops, tenderloin, bacon)
  4. Beef (steaks, roasts, filets)
  5. Buy a whole (or half or quarter) animal!
  6. Bison
  7. Lamb
- Eggs
- A dairy gift box: milk, cream, specialty cheeses
- A CSA share
- Wine, cider
- Flowers
- Gift certificates or vendor credit
- Honey, honey products
- Chocolates

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