Cedar Valley Cyclists hosts:

A “farm crawl” on bikes
supporting the Northern Iowa Food & Farm Partnership, a regional working
group that supports the development of the local and regional food economy.

Saturday, September 26
Rain or Shine

Ride begins and ends at RiverLoop Public Market
(Site of the Downtown Waterloo Farmers Market, 327 W 3rd St)
Check in  8:00 a.m. / Roll out 8:30-9:30 a.m.

RIDE OPTION #1
50-mile trail and road ride to:
• Three Pines Farm  (9611 Wagner Rd, Cedar Falls)
• Cedar Falls Farmers Market  (Overman Park, Cedar Falls)
• Hansen’s Dairy Farm  (8461 Lincoln Rd, Hudson)

RIDE OPTION #2
20-mile trail ride to:
• Cedar Falls Farmers Market  (Overman Park, Cedar Falls)

Food will be served at Hansen’s Dairy Farm and Three Pines Farm. Baked goods, hot food, and produce available for purchase at the farmers markets, open until noon.

REGISTRATION:
$35 or $25 CVC members (by 8/31)
$45 for all riders (after 8/31)
Proceeds support local food programs in the Cedar Valley.

MORE DETAILS & REGISTRATION OPTIONS:
www.CedarValleyCyclists.org
Mervin@CedarValleyCyclists.org / (319) 239-8133

TO REGISTER:
CedarValleyFarmRide.eventbrite.com