In your opinion, which of the five following options are most essential to a good quality of life? (Circle 5.)

(From Buy, Use, Toss, Happiness Chapter [7], found at http://www.facingthefuture.org/Curriculum/BuyCurriculum/BuyUseToss/tabid/469/Default.aspx)

Monetary wealth
Democratic government
Good physical and mental health
Spending time with family and friends
Healthy natural environment
Peace and security
Having a nice home
Participating in community events
Time for hobbies and recreation
Travel and vacation time
Volunteering or helping others
Being famous
Living in a clean and safe neighborhood
Spirituality/religion
Saving money for retirement
Being able to buy nice things
Education
Time for watching television
Time for social media sites
Participating in local or national politics
A rewarding job