**Island Survival Rubric**   
Developed by Ana Houseal, Cedar Falls, Iowa  
Permission to use granted by Houseal May 7, 2004

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| If the group chose…. | yes | no | Add pounds to score | Subtract pounds from score |
| To break any rules like not enough food for the day, weight requirements, or clothing requirements |  |  | + 10 (for each rule broken) | XXXXXX |
| At least 6 different items from the fruit and veggie category |  |  | XXXXXX | -6 |
| At least 4 different items from the bread, cereal and grains category |  |  | XXXXXX | -6 |
| At least three different items from the milk, dairy and cheese category |  |  | XXXXXXX | -6 |
| At least 3 different items from the protein, meats and beans category |  |  | XXXXXX | -6 |
| 3 or more items from the candy and sweets category |  |  | +6 | XXXXXX |
| Diarrhea medication |  |  | XXXXXX | -2 |
| Vitamins |  |  | XXXXXX | -2 |
| Something like spaghetti, but no pot to cook it in |  |  | +10 | XXXXXX |
| Has Mac/Spaghetti but nor plates and/or forks |  |  | +8 | XXXXXX |
| Juice, but no bottle to mix it in |  |  | +8 | XXXXXX |
| Soup or cereal but no bowls and/or spoons |  |  | +8 | XXXXXX |
| More than 5 meals with only 1-2 food groups |  |  | +10 | XXXXXX |
| More than 5 meals with 1 protein, 1 fruit/veggie, 1 grain, and 1 dairy |  |  | XXXXXX | -10 |
| PB&J for more than 5 meals |  |  | +5 | XXXXXX |
| Did not bring enough plates, or forgot cups altogether |  |  | +3 | XXXXXX |
| Fishing pole and tackle for fish for at least 1 meal a day |  |  | XXXXXX | -10 |
| Fishing pole without both a knife and tackle |  |  | +5 | XXXXXX |
| 2 or more dried food products |  |  | XXXXXX | -2 |
| At least one warm item like a sweatshirt, sweater, blanket, or flannel t-shirt |  |  | XXXXXX | -2 |
| The tent |  |  | XXXXXX | -5 |
| Te plastic tarp or garbage bags to keep stuff dry when it rains |  |  | XXXXXX | -5 |
| The rope |  |  | XXXXXX | -2 |
| The boom box |  |  | +3 | XXXXXX |
| The small gas stove |  |  | +3 | XXXXXX |
| The game boy |  |  | +3 | XXXXXX |
| 8 or more items from the grooming section |  |  | +5 | XXXXXX |
| The cards |  |  | XXXXXX | -1 |
| The cards and Frisbee |  |  | XXXXXX | -2 |
| 2 or more books, or notebook and pen |  |  | XXXXXX | -2 |
| At least 1 pair of shoes per person |  |  | XXXXXX | -2 |
| Sunscreen |  |  | XXXXXX | -2 |
| TOTALS |  |  |  |  |

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| Group | # lbs. going to the island | # lbs. leaving the island | # lbs. added to score | # lbs. subtracted from score | Final score |
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